

Who helps me if...?

Matter	Function, Institution	Address	Contact Data	Additional Information
Family, parenting	Office for Family, Equal Opportunities and Diversity	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 54.0.6	Karina Pfeiffer Phone: 0981/ 4877-503 E-Mail: dunja.zoeller@hs-ansbach.de Web: HS Ansbach: Office for Family, Equal Opportunities and Diversity	
	Parent, youth, and family counselling center	Crailsheimstraße 64 91522 Ansbach	Phone: 0981/ 468 55 55 E-Mail: eb-stelle@landratsamt-ansbach.de Web: Ansbach district: Parent, youth, and family counseling center	
Pregnancy	Office for Family, Equal Opportunities and Diversity	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 54.0.6	Karina Pfeiffer Phone: 0981/ 4877-503 E-Mail: dunja.zoeller@hs-ansbach.de Web: HS Ansbach: Office for Family, Equal Opportunities and Diversity	
	State-approved counselling centre for pregnancy issues of the county	Landratsamt Ansbach Crailsheimstraße 64 91522 Ansbach	Phone: 0981/ 468-7102 E-Mail: schwanger-in-ansbach@landratsamt-ansbach.de Web: Landkreis Ansbach: Familie und Bildung- Schwangerenberatung	Online consultation
	Caritas association Ansbach e.V.	Bahnhofsplatz 11 91522 Ansbach	Phone: 0981/ 97168-20 E-Mail: schwangerschaftsberatung@caritas-ansbach.de Web: Caritas: Pregnancy counseling	Please make an appointment Online consultation
	Deaconry Ansbach e.V.	Merckstraße 7 91522 Ansbach	Phone: 0981/ 466149-0 E-Mail: schwangerschaftsberatung@diakonie-ansbach.de Web: Deaconry Ansbach: Counseling center for pregnancy issues	Online consultation

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Equal rights between women and men	Women's Representative at Ansbach University of Applied Sciences	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 51.2.19	Prof. Dr. Magdalena Molina Phone: 0981 4877-268 E-Mail: magdalena.molina@hs-ansbach.de Web: Womens-office-Ansbach University	Contact point for female students, professors, and female teaching staff
	Equal Opportunities Officer at Ansbach University of Applied Sciences	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 54.0.6	Varun Friedrich Ort Phone: 0981/ 4877-544 E-Mail: gleichstellung@hs-ansbach.de	Contact point for non-academic female employees and all male university members
Violence	Women's refuge Ansbach	Bahnhofsplatz 11 91522 Ansbach	Phone: 0981/ 95959 E-mail.: frauenhaus@caritas-ansbach.de Web: Caritas Ansbach: Womens refuge	Accommodation Outpatient counseling possible
	Society Rauhreif	Platenstraße 28 91522 Ansbach	Phone: 0981 98 848 E-Mail: info@rauhreif-ansbach.de Web: Rauhreif Ansbach	Sexual violence support Online consultation possible
	Police inspection Ansbach	Schlesierstraße 34 91522 Ansbach	Phone: 0981/9094-0 Web: Kriminalinspektion Ansbach	Criminal investigation department
	Agent for crime victims - Police of Middle Franconia	Polizeipräsidium Mittelfranken Richard-Wagner-Platz 1 90443 Nürnberg Ms. Petzold, Ms. Boßert, Mr. Richter	Phone: 0911/2112-1344 E-Mail: pp-mfr.bpfk@polizei.bayern.de Web: Agent for crime victims - Police of Middle Franconia	Information, support: Procedure Investigation procedure Police measures Tips for prevention
	Woman emergency call Bavaria Woman counselling Nürnberg	Lorenzer Platz 10 90429 Nürnberg	Arbeitsgemeinschaft der Frauennotrufe in Bayern Phone: 0911/ 284400	Specialist advice center of the subject of sexual assault Online consultation possible
	Support hotline	Nationwide and free of charge	Phone: 08000 116 016 Web: Violence against women support Hotline	

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Violence	Advice center for domestic violence against men	Gostenhofer Hauptsstr. 63 90443 Nürnberg	Phone: 09 11/ 27 29 98 20 E-Mail: bhgm@iska-nuernberg.de Web: Advice center for domestic violence against men	consultation also for: Relatives, friends and professionals
	Support hotline violence against men		Phone: 0800 12 399 00 Web: Support hotline violence against men	Online consultation possible
	Strong LGBTIQ* agency against discrimination and violence		Phone: 0800 00 112 03 E-Mail: kontakt@strong-community.de Web: Strong!-LGBTIQ* agency against discrimination and violence	
Nursing counselling centre	Office for Family, Equal Opportunities and Diversity	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 54.0.6	Karina Pfeiffer Phone: 0981/ 4877-503 E-Mail: familie@hs-ansbach.de Web: HS Ansbach: Office for Family, Equal Opportunities and Diversity	First contact point and information
	Care support point of the city of Ansbach	Nürnberger Str. 32 91522 Ansbach Raum: 1.06	Phone: 0981/51-5955 E-Mail: pfligestuetzpunkt@ansbach.de Web: Stadt Ansbach: Pflegestützpunkt	Care advice - City of Ansbach
	Care counselling centre of the district of Ansbach	Crailsheimstraße 1 91522 Ansbach	Mr. Lechler Phone: 0981/ 4685220 E-Mail: pflgeberatung@landratsamt-ansbach.de Web: Pflegeberatung des Landkreises Ansbach / Landkreis Ansbach (landkreis-ansbach.de)	Care advice - District of Ansbach
	Specialist office for caring relatives	Rummelsberger Str. 11 91522 Ansbach	Phone: 0981/ 9703 88 00 E-Mail: ansbach@rummelsberger.net Web: Ansbach-Fachstelle für pflegende Angehörige	Care advice city and northern district Ansbach

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Disability and chronic illness	Representative for students with disabilities and chronic illness	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 51.1.5	Prof. Dr. Torsten Schmidt Phone: 0981/ 4877-262 Email: torsten.schmidt@hs-ansbach.de	Help e.g., with compensation of disadvantages
	Representative for disabled employees	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 70.0.32	Dorothee Seifert (confidential person) Email: schwerbehindertenvertretung@hs-ansbach.de Web: HS-Ansbach: Representative for disabled employees	Representation disabled employees
	Office for Family, Equal Opportunities and Diversity	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 54.0.6	Karina Pfeiffer Phone: 0981/ 4877-503 Email: dunja.zoeller@hs-ansbach.de Web: HS-Ansbach: Office for Family, Equal Opportunities and Diversity	Counselling
	Open work with disabled people	Heilig-Kreuz-Straße 2a 91522 Ansbach	Phone: 0981/ 972230-0 Web: Open Help ARON-Diakoneo	Transport service
	Regens Wagner Open help	Adlerstraße 1 91572 Bechhofen	Phone: 09822/ 604 42-0 Email: offene-hilfen-bechhofen@regens-wagner.de Web: Regens-Wagner-Absberg: Unsere Angebote	Study support Margit Pfanz Phone: 0982/604 42 17 E-Mail: margit.pfanz@regens-wagner.de Katrín Armbrüster Phone: 0982/604 42 18 Email: katrin.armbruester@regens-wagner.de
Disability and chronic illness	Specialist integration service	Schalkhäuser Straße 17 91522 Ansbach	Phone: 0981 / 466330-0 E-Mail: gst-ansbach@ifd-ggmbh.de Web: Integrationsfachdienst Mittelfranken Ansbach	Support: Participation of disabled people in working life
	Complementary Independent-EUTB	Drahtzieherstraße 6 91154 Roth	Phone: 09171 / 9664-47 E-Mail: beratung@eutb-mfrs.de Web: EUTB-Mittelfranken-Süd	Consulting rehabilitation and participation

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Psychological Health	Psychological Counselling Centre (Studentenwerk Erlangen-Nürnberg)	Hofmannstraße 27 2. floor 91052 Erlangen	Phone: 09131/ 8002-750 (Monday-Friday: 08.30 a.m. - 12.00 p.m.) Web: Psychological Counseling Center-Studentenwerk Erlangen-Nürnberg	Expense contribution (10,00 - 15,00 euros), for students in financial need
	Consultation at Ansbach University of Applied Sciences	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 53.1.7	Kristin Fues (psychology diploma) Phone: 0981/4877-147 Email: Kristin.Fues@werkswelt.de	Open hours (Fridays): 11:00 – 12:00 Office hours: Monday: 8:00 - 13:00 Friday: 8:00 - 16:30
Psychological Health	Pastoral Care	Welserstraße 3 91522 Ansbach	Web: Ecumenical university chaplaincy AN Hermann Spingler (Ev) Email: mailto:hermann.spingler@oehsg-ansbach.de Email: pfarramt@heiligkreuz-ansbach.de Phone: 0981 / 96262 Herr Norbert Jung (Rv) norbert.jung@erzbistum-bamberg.de Tel.: 0981 21554000	Attendance appointment by arrangement Support with exam anxiety
	Consultation at Ansbach University of Applied Sciences	Hochschule Ansbach Quiet room Building 51 Office: Building 53, Room 53.1.7		
	Social Psychiatric Service - Diakonie Ansbach	Karolinenstraße 29 91522 Ansbach	Phone: 0981/ 14440 Email: spdi-ansbach@diakonie-ansbach.de Web: Social Psychiatric Service-Ansbach	Free consultation from the age of 18 Guided self-help groups Branch offices: - Rothenburg o.d.T. - Feuchtwangen - Dinkelsbühl - Windsbach Health insurance will not be informed about the use of this service
	Contact and information point for self-help groups	KISS Ansbach Bahnhofsplatz 8 91522 Ansbach	Phone: 0981/ 972 24 80 Email: ansbach@kiss-mfr.de Web: KISS-Ansbach	Estimation if self-help groups or other treatments appropriate

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Change of study program, study termination	Job Centre Consultation at Ansbach University of Applied Sciences	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Office: Building 53, Room 53.1.7	Ms. Jantek Email: ansbach.berufsberatung@arbeitsagentur.de	Office hours: once a month 9:00 am - 12.00 pm Appointments will be published on the websites of the General Student Advisory Services
Legal help	Consumer Service Bayern	Consumer Service Bayern in KDFB e.V. Platenstraße 10 91522 Ansbach	Phone: 0981/ 97 78 97 93 E-Mail: ansbach@verbraucherservice-bayern.de Web: Advice Center Ansbach	Topics: - Tenancy law - Warranty cases - Phone contracts - Internet rip-offs/scams Affordable consulting Costs overview Consulting options: - Mondays on site - Per phone - Video-Call Appointments: Phone: 089/51518743 Online

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Crises and emergencies	Advice centre for general church social work Diakonie Ansbach	Diakonisches Werk Ansbach e.V. Karolinenstraße 29 91522 Ansbach	Phone: 0981/ 96906-46 Email: kasa-ansbach@diakonie-ansbach.de Web: Diakonie Ansbach: Beratungsstelle Kirchliche Allgemeine Soziale Arbeit	Support application for social assistance, financial help Branch offices: - Rothenburg o.d.T. - Feuchtwangen - Dinkelsbühl - Windsbach Online consultation possible
	Home-treatment	Clinic for Psychiatry, Psychotherapy and Psychosomatics Feuchtwanger Straße 38 91522 Ansbach	Phone: 0981/ 4653-2234 (8.00 am - 4.30 pm) Alternatively Patient Reception Centre Phone: 0981/ 4653-2100 Web: Stationsäquivalente Behandlung	Precondition: Referral by general practitioner or specialist Offer within a 25-km radius around Ansbach All-day service
	Clinic for Psychiatry, Psychotherapy and Psychosomatics	Feuchtwanger Str. 38 91522 Ansbach	Phone: 0981/ 4653 0 (centre)	
	Crisis Service Middle Franconia	Hessestraße 10 90443 Nürnberg	Phone: 0800 / 655 3000 oder 0911/ 42 48 55 -0 Email: info@krisendienst-mittelfranken.de Web: Crisis Service Middle Franconia	Online consultation possible
	Weisser Ring	Brühnleinswiese 14 91522 Ansbach	Phone: 0151/55164844 Email: albaner.elly@mail.weisser-ring.de Web: Weisser Ring	Victim support and crime prevention
	Crisis line	Nationwide, 24 h/day, anonymous, free of charge	Phone: 0800/ 1110111, 0800/ 1110222-116 Web: Crisis line	
	Debt and insolvency advice (AWO)	Jüdtstraße 1 91522 Ansbach	Phone: 0981/ 9698814 Email: schuldnerberatung@awo-ansbach.de Web: AWO Ansbach: Debt and insolvency advice	

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Financial worries	Ansbacher Tafel (Caritas und Diakonie)	Karolinenstraße 29 91522 Ansbach	Diakonie: Tel.: 0981/ 96906-0 Web: Diakonie Ansbach- Tafel Caritas: Tel.: 0981 97168-0 Web: Caritas Ansbach	Open on Saturdays 12.00- 15.00 hrs
	FRANKENPROJEKT "food and more" e.V.	Alte Poststraße 23 91522 Ansbach	Phone: 0981/ 9721950 E-Mail: info@frankenprojekt.de Web: Frankenprojekt	Supply with food
	General Social Counselling Centre Caritasverband Ansbach	Bahnhofsplatz 11 91522 Ansbach	Phone: 0981/ 97168-20 E-Mail: sozialeberatung@caritas-ansbach.de Web: Caritas Ansbach: Social Counseling	Financial worries Support application for financial help
	Company addiction counsellor	Brauhausstraße 15 91522 Ansbach Room: 3.06	Armin Leppert Phone: 0981/ 4877-162 E-Mail: armin.leppert@hs-ansbach.de	
Addiction	Addiction counselling - Diakonie Ansbach	Diakonisches Werk Ansbach e.V. Karolinenstraße 29 91522 Ansbach	Phone: 0981 96906-22 E-Mail: suchtberatung@diakonie-ansbach.de Web: Diakonie Ansbach: Suchtberatung	Individual consultation by phone, digital Outpatient rehabilitation Branch offices: - Rothenburg o.d.T. - Feuchtwangen - Dinkelsbühl - Windsbach
Addiction	Addiction Help Blaues Kreuz Ansbach	Triesdorferstr. 1 91522 Ansbach	Phone: 0981/9778191-0 Email: info@blaues-kreuz-ansbach.de Web: Blaues Kreuz Ansbach	Online consultation possible No therapy Recognized child and youth addiction counselling centre - Ansbach district Self-help groups offer

FURTHER HELP: App: [Wir in Ansbach: Ansbacher Sozialatlas](#) PARENTS' MEETING AT ANSBACH UNIVERSITY OF APPLIED SCIENCES: „MOODLE-GROUP- MEETING POINT: STUDYING WITH A CHILD“ _ (CONTACT PERSON KARINA PFEIFFER - OFFICE FOR FAMILY, EQUAL OPPORTUNITIES AND DIVERSITY AT ANSBACH UNIVERSITY OF APPLIED SCIENCES)