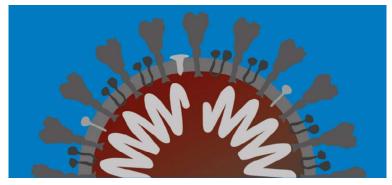
Corona Handout for lockdown situation during Covid-19 pandemic





In the following you will find the most important information about how to behave during the lockdown.

**First of all:** The staff of the International Office can be reached by e-mail and telephone. Unfortunately, personal appointments are not allowed during the lockdown. In case of emergency or for any questions, please send us an e-mail, and if you would like us to call back, please include a phone number.

	Bettina Huhn	Sandra Sauter	Armine Fuchs
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Corona rules in Bavaria from 24 <sup>th</sup> April according to current incidence rates			Contact restriction from 24 <sup>th</sup> April			
under 50 Openings (among others):	<b>50-100</b> Openings (among others):	<b>100-150</b> Regulations (among others):	<b>over 150</b> Regulations (among others):	under 35	35-100	over 100
<b>Retail</b> 1 customer / 10 m <sup>2</sup> for 800 m <sup>2</sup> ; beyond that 1 customer / 20 m <sup>2</sup>	Retail "click & meet": 1 customer / 40 m <sup>2</sup> ; prior appointment booking, contact data collection	Retail "click & meet": 1 customer / 40 m <sup>2</sup> ; prior appointment booking, contact data collection Submission of a current negative test (max. 48 hours old PCR test or max. 24 hours old rapid test)	<b>Retail</b> "click & collect": only collection of pre- ordered goods	1 household + 2 households <b>max. 10 people</b> You are allowed to meet members of your own household and members of two other households, a max. of 10 people	1 household + 1 household <b>max. 5 people</b> You are allowed to meet members of your own household and members of another household, a max. of 5 people	1 household + 1 household <b>max. 1 people</b> You are allowed to meet members of your house- hold as well as one other person
Museums Galleries Zoos Botanical Gardens Memorials <b>Sport</b> (non-contact sport in small groups; max. 10 people in outdoor areas, also on outdoor sports areas	Museums Galleries Zoos Botanical Gardens Memorials <b>Sport</b> (Indoor non-contact sports and outdoor contact sports if all participants have taken a rapid test.	Outdoor areas of botanical gardens and zoos with a daily negative test. Sport (Indoor and outdoor non-contact sports ) Curfew between 10 p.m. to 5 a.m. Walking or jogging (alone in each case) is allowed until midnight.	Outdoor areas of botanical gardens and zoos with a daily negative test. Sport (Indoor and outdoor non-contact sports ) Curfew between 10 p.m. to 5 a.m. Walking or jogging (alone in each case) is allowed until midnight.	Children u	under 14 are not counted in o	each case



## 7 Day Incidence Rate for the city of Ansbach

https://www.ansbach.de/B%C3%BCrger/Sicherheit-Ordnung/Informationen-zum-Coronavirus/

#### Current situation

The <u>**7-day incidence</u>** for Ansbach is **191.4** (source: Robert Koch Institute April 27, 2021, 3:09 a.m.). According to Section 3 (2) Bay.IfSMV, changed rules apply if the 7-day incidence values in the ordinance exceed or fall below the limits specified in the ordinance on three consecutive days.</u>

date	7-day incidence value (published by the Robert Koch Institute)
04/24/2021	169.9
04/25/2021	148.3
04/26/2021	145.9

The following applies:

- night curfew from 10 p.m. to 5 a.m.
- Meeting only with your own household and one other person, also applies to sports
- Retail: Closed, collection of pre-ordered goods is possible;
  Exceptions are: grocery stores including direct marketing, delivery services, beverage stores, health food stores, baby stores, pharmacies, medical supply stores, drug stores, opticians, hearing aid acousticians, petrol stations, car workshops, bicycle workshops, banks and savings banks, insurance offices, pawn shops, mail and mail order branches, dry cleaners and Laundromats, sales of press articles, animal supplies and feed, as well as wholesale
- Daycare centers: closed
- Outside catering: closed
- Theater, concerts, operas, cinemas: closed
- · Leisure events: prohibited
- Hairdressing and foot care services: are permitted with negative test results

#### Corona test center on the exhibition grounds

According to the requirements of the Bavarian state government to contain the corona pandemic, each district administrative authority should set up a corona test center. For the city and district of Ansbach, this was newly installed from December 28, 2020 on the exhibition grounds, Am Onolzbach 69.

Further general information about the test center can be found here.

You can make an appointment for a test here.

Pharmacies offer rapid antigen tests:

More information at www.corona-schnelltest-ansbach.de



## Corona Quick Test at "Brücken-Center" Ansbach

#### AB SOFORT: CORONA-Schnelltestzentrum IM BRÜCKEN-CENTER

#### zusammen mit der ANTHEMIS APOTHEKE

- Nur mit Voranmeldung unter: testzentrum-bc.de
- Kostenfreie Bürgertests
- Zertifikat innerhalb von 20 Minuten
- Info Hotline: 0981-2086206-0
- Wo? In der überdachten Freifläche (neben TC Buckenmaier Frauenreich)



#### **Corona Quick Test**

- By appointment only: <u>www.testzentrum-bc.de</u>
- Free citizenship tests
- Certificate within 20 minutes
- Info hotline: +49 981 2086206-0
- Where? In the open-air covered area next to TC Buckenmaier



The International Office can be reached anytime by e-mail and will be happy to assist you in case of difficulties (for example financial needs or medical issues). Please contact us so that we can look for solutions together.

Please note the FAQs for incoming students and follow the latest news on the webpage of the University: https://www.hs-ansbach.de/en/home/corona-

frequent-questions/

Please read the e-mails you receive regularly on your university account! If you have specific questions, please contact the International Office directly!





#### How to stay in contact during pandemic

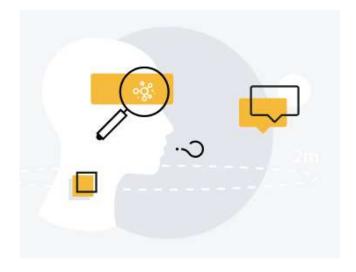
To make sure that you get through the lockdown safely, we would like to offer you the opportunity to get in touch with the International Office or your tutors as often as possible and have set up the following tools for this purpose.

WhatsApp group	Mert Sancakli "Incomings SS 2021"	Please join this WhatsApp group and contact Mert if necessary.	
Facebook group	Administrator: Bettina Huhn "International Group HS Ansbach"	Please join this Facebook group and stay informed. <u>https://www.facebook.com/groups/internationalgrou</u> <u>phsansbach/</u>	
Zoom meetings	You can get in touch with us and let us know your concerns or questions. This way you can also stay connected to other international students. We are happy to organize a Zoom meeting at your request.		
Walk and talk	Our tutors will organize meetings for you at regular intervals, where you can explore the city together or do some sports (like inline skating, cycling, jogging). And when the gastronomy hopefully opens again in spring, you can move from pub to pub together. If you have an ideas for other activities, we look forward to your suggestions ©		

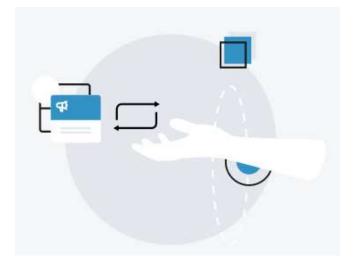


Information platform for young people (in English) of the Federal Ministry of Health <u>https://www.zusammengegencorona.de/en/</u>

What you currently need to know



What you can do to help





#### 7 Day Incidence Rate for the city of Ansbach

https://www.ansbach.de/B%C3%BCrger/Sicherheit-Ordnung/Informationen-zum-Coronavirus

#### FAQs

https://www.corona-katastrophenschutz.bayern.de/faq/index.php

#### Coronavirus SARS-CoV-2 in Bavaria

https://www.stmgp.bayern.de/coronavirus/

#### **Bayerischer Rundfunk - Coronavirus in Bavaria: Assistance in English**

https://www.br.de/nachrichten/deutschland-welt/coronavirus-in-bavaria-assistance-inenglish,RtO8eS2



## Suggestions for a different daily study routine

It is easier to study together!

**Appointment to learn:** Make an appointment for virtual learning! The people involved sit at their workplace, work on their respective tasks and can see each other while doing so. This can increase the motivation to sit at the desk at the time of the appointment and it can help them to persevere. According to the motto: If I see that the others are still working, I can motivate myself longer. Set common learning goals: Form a learning group (not too large, max. 4 persons) and discuss by which time you want to have completed which tasks or topics. At the agreed time, meet virtually and discuss contents and questions.



## Suggestions for a different daily study routine

**Preparation for exams:** If you prepare for an exam together, you can prepare practice questions for each other or put together a mock exam. The exchange of information can then take place virtually.

**Early cross-linking:** Don't waste too much time on tricky tasks while learning. You do not have to solve everything on your own. Network with fellow students, ask questions and exchange information. This can save time and nerves.

Some students also make virtual appointments with their circle of friends, e.g. for a Skype dinner or a virtual games evening ...

#### Mask obligation



Wearing FFP2 masks will be compulsory in public transport and retail.

FFP2 masks are now only required in all campus buildings.



For general information and recommendation on COVID-19 and its effects on the University, see our webpages on the corona virus (in English) https://www.hs-ansbach.de/en/home/corona-frequent-questions/

Please reduce your social contacts and stay in your accommodation to curb the spread of the virus!

Take good care of yourself and stay in good health!

